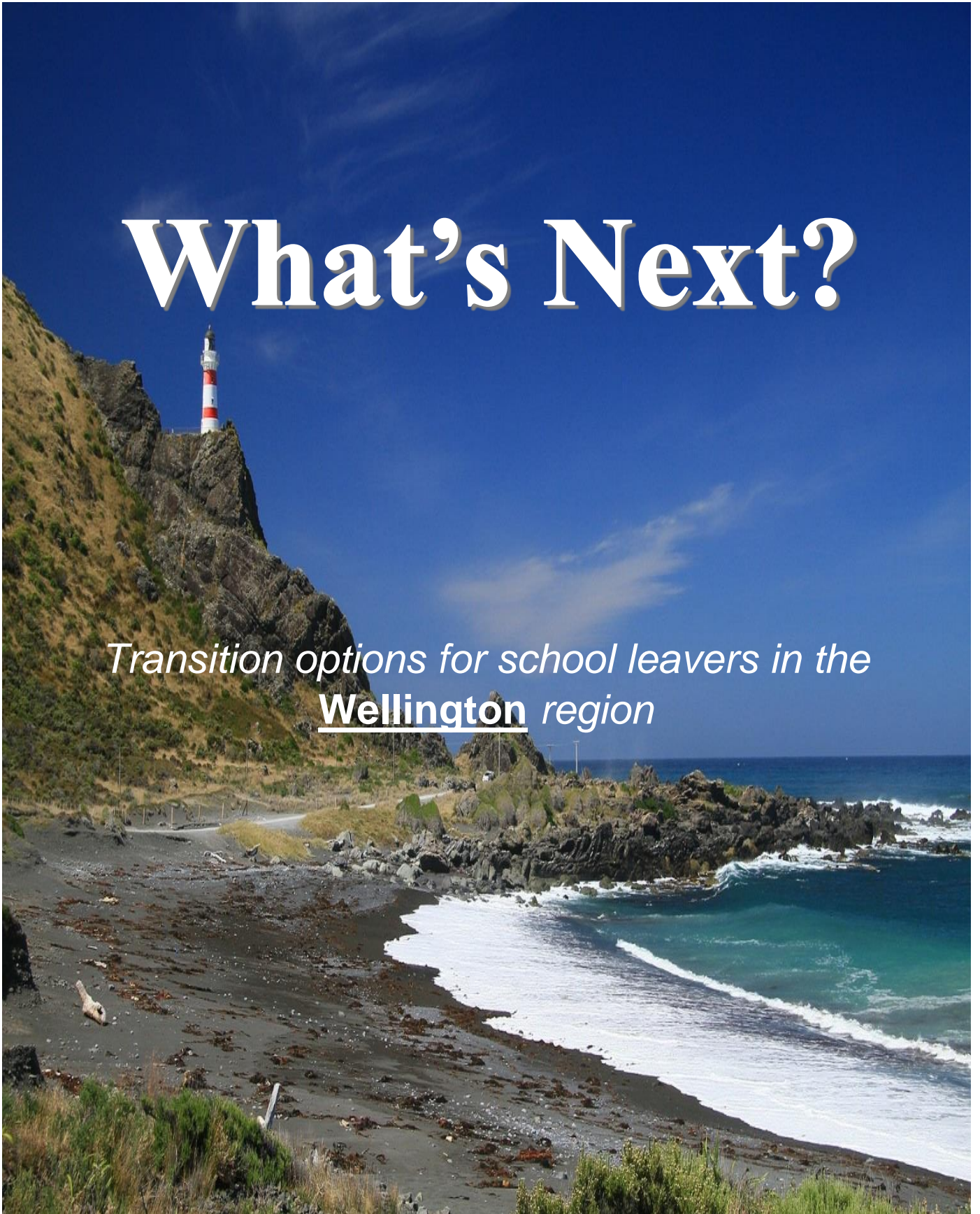


# What's Next?

*Transition options for school leavers in the  
Wellington region*



## Acknowledgement

We would like thank all the individuals and organisations that have so willingly given their time, knowledge and experience to assist in making this resource. We would especially like to thank Alex Sligo-Green and Linda Fisher (Emerge Supported Employment Trust), Lucy Knowles (formerly of IHC New Zealand Incorporated), Scott Bregmen (WelTec, School of Health and Social Services), and Valerie Bridge and Ellie Tofts (Ministry of Education, Special Education) for compiling and coordinating the information for this resource.

## United Nations Convention on the Rights of Persons with Disabilities

We support the United Nations Convention on the Rights of Persons with Disabilities, with particular reference in this instance to Article 19 'Living independently and being included in the community', which states:

Parties to this Convention recognise the equal right of all persons with disabilities to live in the community, with choices equal to others, and shall take effective and appropriate measures to facilitate full enjoyment by persons with disabilities of this right and their full inclusion and participation in the community, including by ensuring that:

- Persons with disabilities have the opportunity to choose their place of residence and where and with whom they live on an equal basis with others and are not obliged to live in a particular living arrangement;
- Persons with disabilities have access to a range of in-home, residential and other community support services, including personal assistance necessary to support living and inclusion in the community, and to prevent isolation or segregation from the community;
- Community services and facilities for the general population are available on an equal basis to persons with disabilities and are responsive to their needs.

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## Introduction

This publication is designed for you, the young person, who is moving on from school. Your whānau, teachers, and friends may like to use this resource with you. It is a guide to make it easy for you as you plan your next moves.

The purpose of this publication is to help you find out more about people and organisations that can help you. Moving on from school can be really difficult. You can use this publication to help you think about things you need to reach your dreams and goals, like:

- getting more education or starting work
- budgeting advice and getting benefits
- looking for a different place to live
- keeping friendships and making new ones
- carrying on with the sporting and fun activities you already do, and starting new ones
- looking for help in the wider community
- finding out about vocational service options

This publication starts with some basic information about finishing school. Next is some Frequently Asked Questions (FAQ), and then it finishes with a list of people you can speak to that will help you plan for the future. We have put in as many services as possible but some may have been missed, some services may have begun after this was written. There will always be things that can be updated.

If you have any feedback that will improve any part of this booklet, or update any of its information, please contact NZDSN via email [admin@nzdsn.org.nz](mailto:admin@nzdsn.org.nz).

**The information in this booklet is accurate as of July 2016.**

For more information about services in the **Wairarapa** or **Kapiti Coast**, please see the 'What's Next?' Document for the Central region: [http://www.nzdsn.org.nz/wp-content/uploads/2016/03/Whats\\_Next-Central\\_2013.pdf](http://www.nzdsn.org.nz/wp-content/uploads/2016/03/Whats_Next-Central_2013.pdf)

## Definitions

Below is a list of definitions and abbreviations you will encounter in this booklet and in services you may wish to use.

Throughout this resource the term 'Disability' has been used as it is defined in the New Zealand Disability Strategy, *"Disability is not something individuals have. What individuals have are impairments. They may be physical, sensory, neurological, psychiatric, intellectual or other impairments. Disability is the process which happens when one group of people create barriers by designing a world only for their way of living, taking no account of the impairments other people have"* (NZDS, 2001:7).

In this booklet the term 'Transition' means moving from school to adult life.

## Abbreviations

ACC	Accident Compensation Corporation
CAB	Citizens Advice Bureau
CYF	Children, Youth and Family
DPA	Disabled Persons Assembly
DSS	Disability Support Services (funding arm of the MOH)
EPOA	Enduring Power of Attorney
FAQ	Frequently Asked Questions
GP	General Practitioner or family doctor
HNZC	Housing New Zealand Corporation
IEP	Individual Education Plan
IF	Individualised Funding
ITP	Individual Transition Plan
MOE	Ministry of Education
MOH	Ministry of Health
MSD	Ministry of Social Development

NAGS	National Administration Guidelines
NASC	Needs Assessment and Service Coordination (agency)
ORS	Ongoing and Resourcing Scheme
OSCAR	Out of School Care and Recreation
OT	Occupational Therapist
PCP	Person-centred Planning
SIL	Supported Independent Living
SLT	Speech Language Therapist
SPELD	Specific Learning Disabilities Federation
TIA	Training Incentive Allowance
W&I	Work and Income (Formerly known as WINZ)




# Directory

The following pages have been divided into subject areas for ease of use. You can go to the area you are interested in and look at some of the FAQs and answers that are most relevant to you. The areas are:

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## Transition Process




*What is  
Transition?*

In this resource, when we talk about transition, we're talking about moving from school to adult life. It is a good idea to start thinking about transition when you are 14 because it is a good idea to prepare yourself as much as possible. The better you plan for your transition, the easier it will be. It will also be less stressful for you and your whānau if you've had time to plan well. The idea is to plan a life that will suit you, and make you happy. When you know what is going to happen things seem much easier.

In your last two years at school your Individual Education Plan (IEP) should have things in it that will help you when you leave school. It could be things like money handling and budgeting, self-help skills, work experience, and social and recreational activities you can do.

Your IEP should be a team process. Everybody who is part of the team should help you work towards your dreams and goals. Once you know where you want to go, you can start thinking about how you can get there.



*When should I  
start to think  
about leaving  
school?*

Transition is not just about finding a job, you should think about other things like where you will live and what things you will do in your community. You might want to think about the skills you need to be at home alone safely.

The Ministry of Social Development (MSD) is able to help students with ORS funding. This is for students with High and Very High special education needs verified through the Ongoing Resourcing Scheme. This funding continues until the end of the year you turn 21 or when you leave school. In your last year of school the MSD will fund you to plan your move from school. This funding is to make the next steps in adult life and is paid straight to the transition provider you choose.

This resource funds the support of a transition service(s) help you plan for the future and put you in touch with different people that can help you. They should

be offering you choices for when you move on from school. You can decide what the best pathway is for you.

Transition planning can cover anything that is important to you. Some of the common areas of transition are:

- **Paid work** - do you want a job? What kind of job?
- **Further Education** - would you like to keep learning and go to a polytech or university?
- **Housing** - Where are you going to live? Some young people start to think about leaving home once they have finished school. Other people move out of home a while later, some might not move out of home at all.
- **Hobbies and Interests** - What to do for fun? Do you have hobbies or interests you would like to continue? Maybe you could join a group or a club?
- **Transport** - How are you going to get around? Do you know how to catch a bus or train? Could you learn to drive a car?
- **Support needs** - What help are you going to need? Who will be able to help you?

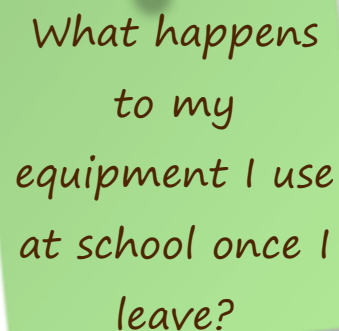
If MOE has given you any equipment for school, it would normally be given back to the MOE when you leave.

If you think you will need to keep using the equipment outside of school talk about this with your lead worker from the MOE. You should also discuss the possibility of needing equipment as part of your transition.

If you own the equipment or the equipment was given to you by the Ministry of Health (MOH) and you still need it, you can take it with you.



*What things  
does Transition  
cover?*



*What happens  
to my  
equipment I use  
at school once I  
leave?*

If you have Very High ORS funding you can get more funding from MSD to support you with your plans when you leave school. MSD will contact you about this or you can talk with your Transition Service Provider for more information. If you are unsure about your ORS level you can check with your MOE lead worker or ring MOE on 0800 737 275.



## Transition Service Providers Directory

Contact Details					
Address	Website	Phone	Email	Work Undertaken	Area
<b>Emerge Supported Employment Trust</b>					
Level 3, 203-209 Willis Street Wellington 6011	<a href="http://www.emergetrust.org.nz">www.emergetrust.org.nz</a>	04 384 7456	<a href="mailto:enquiries@emergetrust.org.nz">enquiries@emergetrust.org.nz</a>	Transition Supported Employment	Wellington, Porirua, Lower Hutt and Upper Hutt
<b>CCS Disability Action</b>					
Level 3, 94 Dixon Street Wellington 6011	<a href="http://www.ccsdisabilityaction.org.nz">www.ccsdisabilityaction.org.nz</a>	0800 227 200	<a href="mailto:info@ccsdisabilityaction.org.nz">info@ccsdisabilityaction.org.nz</a>	Transition Supported Employment Supported Living	Wellington, Porirua, Lower Hutt and Upper Hutt
<b>Hutt Valley Disabled Resources Trust (HVDRT)</b>					
60 Woburn Road, Lower Hutt, Wellington	<a href="http://www.hvdrt.org.nz">www.hvdrt.org.nz</a>	(04) 569 3091	<a href="mailto:info@hvdrt.org.nz">info@hvdrt.org.nz</a>	Transition Supported Employment Vocational Services	Wellington, Lower and Upper Hutt

Contact Details					
Address	Website	Phone	Email	Work Undertaken	Area
<b>Workmates Supported Employment</b>					
Level 4, Suite 404 North City Plaza 2 Titahi Bay Rd Porirua 5022	<a href="http://www.workmates.co.nz">www.workmates.co.nz</a>	04-2377-141	<a href="mailto:susan.christian@workmates.co.nz">susan.christian@workmates.co.nz</a>	Supported Employment Transition Service	Johnsonville to Pukerua Bay
<b>Idea Services</b>					
Level 15, 57 Willis Street Wellington 6011	<a href="http://www.ihc.org.nz/idea-services">www.ihc.org.nz/idea-services</a>	(04) 472 2247 or 0800 442 442		Transition Supported Employment Vocational Services Supported Living	Wellington Porirua Lower and Upper Hutt Kapiti
<b>ACE Employment</b>					
Level 1 James Smith Corner, 65 Cuba St, Wellington	<a href="http://www.wgtnaftercare.org.nz">www.wgtnaftercare.org.nz</a>	04 385 7302	<a href="mailto:manager@wgtnaftercare.org.nz">manager@wgtnaftercare.org.nz</a>	Transition Vocational Service Supported Employment	Wellington Lower Hutt

# The school's role in supporting students into post-school options



*Please note*

It is important to work with services outside of school, as schools may not be able to help you once the school year ends.

## How can my school assist me in preparing for transition to “life beyond school?”

Any secondary age student can go to their local school or school of choice, if they are in zone.

If you are of school age and High or Very High ORS funded, you can stay at secondary school until the end of the year that you turn 21 years old.

Some students remain at school until this time, and some leave at a younger age. This decision is up to you and your whānau/caregiver.

Students receiving ORS extension are not eligible for MSD funded transition services.

Some schools are ‘Day Special Schools’. These are for students with high or very high ORS verification in New Zealand. These schools offer some specialist services. In Wellington these schools are Mahinawa Specialist School, and Kimi Ora School. In other secondary schools MOE provide specialist services to students who have ORS funding. These specialist services include:

- physiotherapists
- speech and language therapists
- occupational therapists
- advisors for deaf children
- behaviour support specialists
- psychologists
- special education advisors

All schools will work with you and your whānau/caregivers, and MOE to meet the transition needs of students with ORS funding attending the school.

You may be getting transport, or part of the cost of transport, to and from school from the MOE. This will stop when you leave school. A big part of your planning

will need to be about how you will get to and from the things you do when you leave school. Contact your local Work and Income (W&I) office for more information about this.



*Please note*

You have to fund, arrange and provide transportation to and from whatever you are going to be doing post school. W&I may be able to help.

### **What can I expect schools to provide as part of a transition service or programme?**

There will be differences between schools in the type and level of transition support they offer. Ask about these things when you are talking about options for life when you finish school:

1. What transition skills are taught in mainstream classes?
2. What transition programmes does the school already have in place?
3. What activities outside of the classroom does the school have that will help you to get ready for life once you finish school, like community based experiences or work experience?
4. What planning, advice and guidance is given to help make connections to post-school agencies, service providers and further education?



# Support Needs



Some services and supports are only designed for certain disabilities, whereas some are available to all disability types.

## Where do I go to get funding for my support needs?

First you will need an official confirmation of the disability from a specialist health professional. If your disability is due to an accident or medical misadventure, contact Accident Compensation Corporation (ACC) for an assessment of need and help with identifying the providers who

can support you.

The Ministry of Health (MOH) will fund any needs around personal cares and residential supports if your specialist has confirmed that you have a long term disability that has not been caused by an accident or medical misadventure. Contact the Needs Assessment and Service Coordination agency (NASC), which is Disability Support Link (DSL) for the Wellington region. DSL will conduct an assessment and provide you with residential support information. They will help identify the supports you may need.

Address	Phone	Email
<b>ACC</b>		
79-83 Molesworth Street, Thorndon	0800 222 822	<a href="mailto:information@acc.co.nz">information@acc.co.nz</a>
<b>Capital Support</b>		
Kenepuru Community Hospital, 10 Wi Neera Drive, Porirua	(04) 230 6400	<a href="mailto:wellington@coordination.org.nz">wellington@coordination.org.nz</a>
<b>Life Unlimited</b>		
5 Bouverie St Lower Hutt	(04) 569 3102	<a href="mailto:referrals@lifeunlimited.net.nz">referrals@lifeunlimited.net.nz</a>

MSD funds community participation programmes for people that have a diagnosed intellectual disability. You will not need an assessment from NASC to

access these. Possible funding for services is available for those who meet either ACC or NASC criteria.

Those who do not meet NASC or ACC criteria can still contact the NASC or ACC for a list of services that can be purchased on a private basis. For assistance with health related costs and travel costs contact the W&I Call Centre, phone 0800 559 009.

If you are recovering from an injury and have been in hospital, talk with the hospital social worker about potential 'short term' assistance.

### **How do I find a specialist if I am asked for a report about my disability?**

To find out the best way to get a specialist report, contact one or more of the following people:

- your GP or their practice nurse
- the hospital social worker
- your NASC service coordinator
- your ACC case manager
- Key worker from MOE

### **Where can I find out about technology to help me to communicate?**

Contact TalkLink to ask whether their service may be appropriate, visit [www.talklink.org.nz](http://www.talklink.org.nz) or phone (09) 815 3232.

You could also contact Enable on 0800 ENABLE or visit their website [www.enable.co.nz](http://www.enable.co.nz) for further information. Contact Deaf Aotearoa if you need support with New Zealand sign language at [www.deaf.co.nz](http://www.deaf.co.nz)



## **Where can I find out more information about my disability, Disabled Peoples Organisations, and other disability support services available?**

- your GP
- contact NASC or someone from a service provider agency
- District Councils have information on their websites
- District Health Boards
- Enable NZ, your local Disability Information or Resource Centre
- New Zealand Federation of Disability Information Centres phone 0800 693 342 or visit [www.weka.net.nz](http://www.weka.net.nz)
- IHC Library for access to their resources, phone 0800 442 442 or visit [www.ihc.org.nz](http://www.ihc.org.nz)
- CCS Disability Action Library, phone 0800 227 2255 or email [info@ccsdisabilityaction.org.nz](mailto:info@ccsdisabilityaction.org.nz)
- Parent to Parent, phone 0508 236 236 or visit [www.parent2parent.org.nz](http://www.parent2parent.org.nz)
- local libraries and the Citizens Advice Bureau

## **How do we organise respite for my carer if I have one?**

Talk to your NASC service coordinator or ACC case manager (dependant on which is the Funder) about what services are able to provide respite and how much you may qualify for.

Ensure that when you or your family member has been assessed for support that your service coordinator/case manager helps you to develop a plan for using the respite allocation. You will need to keep track of the number of carer relief days you use to ensure you stay within your allocation – you can contact Disability Support Link to check.

## **Where can I find carers to provide respite care?**

- Look at your network of family and friends to help assist
- think about community based activities that can be attended by you/your family member with a disability
- advertise for a student through Student Job Search (SJS), phone 0800 757 562 (listing jobs with SJS is free)
- advertise on Trademe or in your local community newspaper

- contact your local tertiary education providers that have programmes such as Teaching, Human Service or Nursing – they may be able to recommend students who could assist
- discuss your respite allocation with ACC Case Manager or NASC Coordinator



## Directory for Services to help arrange Respite

Contact Details			
Address	Website	Phone	Email
<b>CCS Disability Action</b>			
Level 3, 94 Dixon Street Wellington 6011	<a href="http://www.ccsdisabilityaction.org.nz">www.ccsdisabilityaction.org.nz</a>	0800 227 200	<a href="mailto:info@ccsdisabilityaction.org.nz">info@ccsdisabilityaction.org.nz</a>
<b>Community Connections</b>			
Level 1, 21-29 Broderick Road, Johnsonville, Wellington	<a href="http://www.ccslt.org.nz">www.ccslt.org.nz</a>	(04) 298 7703	<a href="mailto:admin@ccslt.org.nz">admin@ccslt.org.nz</a>
<b>IDEA Services</b>			
Level 15, 57 Willis Street Wellington 6011	<a href="http://www.ihc.org.nz">www.ihc.org.nz</a>	(04) 472 2247 or 0800 442 442	
<b>Laura Fergusson Trust</b>			
18 Laura Fergusson Grove, Naenae, Lower Hutt 5011	<a href="http://www.laurafergusson.co.nz">www.laurafergusson.co.nz</a>	(04) 567 6024	<a href="mailto:info@laurafergusson.co.nz">info@laurafergusson.co.nz</a>
<b>Parent 2 Parent</b>			

28 Bridge Street, Lower Hutt 5011	<a href="http://www.parent2parent.org.nz">www.parent2parent.org.nz</a>	(04) 569 9398	<a href="mailto:wellington@parent2parent.org.nz">wellington@parent2parent.org.nz</a>
<b>NZ Care</b>			
Level 4, 13-27 Manners Street Wellington 6011	<a href="http://www.healthcarenz.co.nz/clients-families/disability-support/">www.healthcarenz.co.nz/clients-families/disability-support/</a>	(04) 802 0950	<a href="mailto:feedback@nzcaregroup.co.nz">feedback@nzcaregroup.co.nz</a>
<b>Hohepa</b>			
29 Pitoitoi Street, Otaihanga, Paraparaumu	<a href="http://www.hohepawellington.com">www.hohepawellington.com</a>	(04) 297 2102	<a href="mailto:cm@welly.hohepa.org.nz">cm@welly.hohepa.org.nz</a>

## Cultural Support

### **How can I find out about services that are specific to my culture or religion?**

Talk with any providers who work with you about what cultural or religious support services they may have to offer or contact The Office of Ethnic Affairs for further information, visit [www.ethnicaffairs.govt.nz](http://www.ethnicaffairs.govt.nz)

### **What do I do if I need a social or language interpreter?**

An interpreter is a person who explains what the meaning of words are, or translates words into your language. If you have difficulty understanding some words or situations then you may want to get an interpreter. This person may be a friend, a family member, an advocate or a professional.

You have the right to have a support person of your choosing with you at any meetings for you. Remember you do not need to go to meetings on your own. Ask the people whom you trust to be a social interpreter. You can talk with the NASC Service Coordinator about getting social support or a personal assistant and it is advisable that where possible, you should have an interpreter independent of the organisation or your support network at meetings to ensure a neutral translation occurs.

Contact Deaf Aotearoa if you need support with New Zealand Sign Language, [www.deaf.org.nz/contact/local-offices](http://www.deaf.org.nz/contact/local-offices) or for access to Deafblind coordinators, phone the Royal New Zealand Foundation of the Blind on 0800 243 333.

### **What help can I get if English is my second language?**

You can access an interpreter through NTIS New Zealand Translation Services, visit [www.ntis.co.nz](http://www.ntis.co.nz) or phone 03 548 9944. For documents that need translating into English phone 0800 872 675 or visit The Translation Service at [www.dia.govt.nz/Services-Translation-Index](http://www.dia.govt.nz/Services-Translation-Index)

Alternatively you can contact Language Line phone 0800 656 656, for more information on Language Line visit The Office of Ethnic Affairs [www.ethnicaffairs.govt.nz/story/how-language-line-works](http://www.ethnicaffairs.govt.nz/story/how-language-line-works)

## Māori

You can expect that your provider will exercise their powers of governance in a manner that fulfils the intent of the Treaty of Waitangi. Māori, as tangata whenua, have the right to expect that the health and education systems will support their cultural preferences, wellbeing and developmental aspirations.

The Ministry of Health released (August 2012) the action plan, 'Whāia Te Ao Mārama', that can be found on MOH website at: [www.health.govt.nz](http://www.health.govt.nz)

The aim of 'Whāia Te Ao Mārama: Disability Action Plan 2012 to 2017' is to establish priority areas of action to enable Māori with disabilities to achieve their aspirations, and to reduce barriers that may impede Māori with disabilities and their whānau from gaining better outcomes.



*Ask for direction  
or guidance from  
your service  
provider/s for the  
support needed as  
Māori*

*'Whāia Te Ao Mārama' literally translated means pursuing the world of enlightenment. It is an apt title for the document, which outlines a pathway towards supporting Māori with disabilities to achieve overall wellbeing, and bringing both them and our communities into a place of shared understanding and action.*

*Culture is an important component of our overall wellbeing, and providing culturally specific action plans such as this recognises the diverse contexts from which we all come, and the unique responses that are required to address the needs of the Māori disabled community.*

Priority 1 of the 'Whāia Te Ao Mārama' action plan articulates:


Improved outcomes for Māori disabled:

- Require providers to ensure that personal plans to support Māori disabled are culturally appropriate and specifically identify the individual's cultural needs



- Provide a range of new and innovative support options for supporting disabled people that offer Māori disabled and their whānau more personalised support arrangements and greater choice and control over the supports they use.





*How do I claim a benefit if I need one?*

## Income Support

### Supported Living Payment (SLP)

SLP is assistance for people who have, or are caring for someone with a health condition, injury or disability. You may be able to get the Supported Living Payment if you are;


- Permanently and severely restricted in your ability to work because of a health condition, injury or disability, OR
- Totally blind, OR
- Have a life expectancy of less than two years AND
- Can't regularly work 15 hours or more a week in open employment

You must also be 16 years or older.

The SLP is also available for people who are caring full-time for someone at home who would otherwise need hospital-level or residential care (or equivalent) who is not your husband, wife or partner.

People on Supported Living Payment aren't required to look for work, however, for those looking for work W&I can help you to find employment.

If you get a job it can affect your benefit, however, working part-time will usually allow you to earn more money than being only on a benefit. Talk to someone at W&I about your options.



*If I get a job, does it affect my benefit?*

## Disability Allowance

*Is there any other assistance with costs relating to a disability?*

The Disability Allowance is for people who have a disability and need help with everyday tasks or ongoing medical care. It helps with things like regular visits to the doctor or hospital, pharmaceuticals, medical alarms, extra clothing or travel if these arise from your disability.

You can get a Disability Allowance on its own or with a main benefit (like Supported Living Payment). You can apply on behalf of a child if they're aged 18 years or under and financially dependent on you.

## Child Disability Allowance

The Child Disability Allowance is paid to the main caregiver of a child or young person with a serious disability to help with the extra care needed for that child.

To be able to get this benefit, you must be;

- A New Zealand citizen or permanent resident, who normally lives here and the main caregiver of a child or
- Have care and control of the child for the time being if there is no main caregiver. Also, the child must:
- Have a serious physical or intellectual disability and
- Be aged under 18 years and
- Need constant care and attention for at least 12 months because of their disability.

You may be able to get both the Disability Allowance and the Child Disability Allowance for the same child, but you can't get this allowance if the child already gets a benefit (except for the Orphan's or the Unsupported Child's Benefit).

## Training Incentive Allowance


If you get a Supported Living Payment you can apply for the Training Incentive Allowance to help with things like study fees and textbooks if you want to do some further study or training as part of your move from school to work.

The course must tick certain boxes and must be work-related, such as a university, polytechnic or a business course that will give you skills you need for work.

W&I will find someone to speak with you about what you can get. It can be very helpful to take someone who knows about W&I systems with you to your interviews.

If you need help talking with W&I you can choose a friend or family member who can speak for you, this person would be your nominated (chosen) person and they will have to complete a form to continue.

Your nominated person may be useful especially if you are having difficulty talking about your needs or understanding the forms or information.



*What if I need  
assistance to  
do this?*

### **ACC**

ACC will take funding responsibility from the age of 18 years for those whose loss of earnings is due to injury, but, you need to wait until you turn 18 before you can find out if you're eligible or not.

**Note:** In order to get income support from either W&I or ACC you will need an IRD number, if you don't already have one. Contact the Inland Revenue Department to get an IRD number.

### **Budgeting**

Talk with your local Citizens Advice Bureau about what budget advice services are available.



## Further Education

### Who do I talk to if I want to do tertiary study?

Each Tertiary Provider (like a University or Polytechnic) has a contact person or service for people with disability. Contact the Disability Coordinators at the place that you are interested in going to. They will help to find ways to help you access their campus and they can provide different options to support you.

For more information on student loans and allowances, phone Studylink on 0800 88 99 00 or contact your local Work &

Income office for information on the Training Incentive Allowance (TIA). Talk to your local Workbridge office about training support funding. Some disability agencies, like the Royal New Zealand Foundation of the Blind (RNZFB) can offer support for some impairments at university or polytechnic, so if you are registered with a community agency, you should tell them your plans.

### What if I want to study part time?

If you want to study part time, talk with someone at Student Services at your chosen tertiary institution about your options. Studying part-time may affect an allowance you may be receiving from W&I.



### **Websites worth visiting for further education**

[www.careers.govt.nz](http://www.careers.govt.nz)

[www.studylink.govt.nz](http://www.studylink.govt.nz)

[www.tec.govt.nz](http://www.tec.govt.nz)

[www.literacy.org.nz](http://www.literacy.org.nz)

[www.openpolytechnic.ac.nz](http://www.openpolytechnic.ac.nz)

[www.weltec.ac.nz](http://www.weltec.ac.nz)

[www.whitireia.ac.nz](http://www.whitireia.ac.nz)

[www.vuw.ac.nz](http://www.vuw.ac.nz)

[www.massey.ac.nz](http://www.massey.ac.nz)

# Employment

## Can I get a job before I leave school?

Getting a job while at school is a good way to get work experience and to gain an employment history. You could start with some part-time work after school or on weekends. Sometimes it is also possible to get a job during school hours if it is allowed as part of your school programme and it fits with the school's rules. Planning ahead is the best way to support finding work when you leave school.

## How do I start to find a job?

There are many ways to find work. Many young people find their first job through family and friends. You may also consider using an employment agency or a supported employment agency.

Start looking in the papers in the employment section. Also go online and look through the listed jobs on the Trade Me and Seek websites.

For those under 21 years old, you can contact Modern Apprenticeships through the Tertiary Education Commission (TEC) on 0800 601 301 or visit [www.modern-apprenticeships.govt.nz](http://www.modern-apprenticeships.govt.nz)

Talk to someone at W&I about being a 'job seeker' and ask if they could suggest some employment or educational options. For a list of support agencies, please refer to the directory in this publication.

Contact Workbridge or Supported Employment services in your region for assistance to find part-time or full-time work. Discuss with them ways to conduct a job search, develop a curriculum vitae (CV) and how to access funding for equipment and support you might need.

## What do supported employment agencies do?

Supported employment agencies are there to assist people with disability to find and keep employment in the community. They can help you think about what job you want, write a CV, find a job, support you at job interviews, help you in learning the job, give you on-going job support and organise job coaches if needed.

Supported employment agencies can also help you to make applications for support funds from services and organisations like MSD and Workbridge. For

more info about supported employment, visit The New Zealand Disability Support Network (NZDSN) website – [www.nzdsn.org.nz](http://www.nzdsn.org.nz) and the Association of Supported Employment in New Zealand (ASENZ) website - [www.asenz.org.nz](http://www.asenz.org.nz). To find out about the MSD mainstream employment programme visit [www.msd.govt.nz/what-we-can-do/disability-services/mainstream](http://www.msd.govt.nz/what-we-can-do/disability-services/mainstream)

### **What do I do if I only want to work part-time?**

Many jobs are by ‘word-of-mouth’, think about who you know and can ask or who can spread the word that you are looking for work. Look for opportunities, and remember to have a CV or some information about yourself to leave with employers. You could try looking in the newspaper, online or join Student Job Search (if you are a student). Talk to someone at any employment agencies in your area.

### **What can I do if I don't get a job or I'm not ready to look yet?**

You could think about doing more study (see the section above), vocational training, or look at agencies that provide daytime support, or get involved in sports, hobbies or other activities. For a list of support agencies, see the list in this document. Think about volunteering, it can be very enjoyable and fulfilling. Contact Volunteering Wellington on (04) 499 4570 or visit

[www.volunteerwellington.nz](http://www.volunteerwellington.nz)

### **Who can help me find out what kind of jobs I might be able to do?**





Talk to your teachers or career guidance counsellor at school or your key worker at Work & Income. There are also people who can help at Careers New Zealand and they are able to assist with employment advice: 0800 222 733.

**Do employers have the right not to hire me just because I have a disability?**

No. The law (Human Rights Act) states that employers are not allowed to not choose you because you have a disability. Some employers may want to know if your disability might be a health and safety risk to you or others, like driving a forklift truck with epilepsy. It is a good idea to plan how you will deal with questions about your disability before you talk to employers so you know what, if anything, you want to say.

## Supported Employment Directory

Contact Details			
Address	Website	Phone	Email
<b>Emerge Supported Employment Trust</b>			
Level 3, 203-209 Willis Street Wellington, 6011	<a href="http://www.emergetrust.org.nz">www.emergetrust.org.nz</a>	04 384 7456	<a href="mailto:enquiries@emergetrust.org.nz">enquiries@emergetrust.org.nz</a>
<b>CCS Disability Action</b>			
Level 3, 94 Dixon Street Wellington, 6011	<a href="http://www.ccsdisabilityaction.org.nz">www.ccsdisabilityaction.org.nz</a>	0800 227 200	<a href="mailto:info@ccsdisabilityaction.org.nz">info@ccsdisabilityaction.org.nz</a>
<b>Ace Employment</b>			
Level 1, James Smith Cnr, 65 Cuba St, Te Aro Wellington, 6011	<a href="http://www.wgtnaftercare.org.nz">www.wgtnaftercare.org.nz</a>	(04) 382 7302	<a href="mailto:manager@wgtnaftercare.org.nz">manager@wgtnaftercare.org.nz</a>
<b>Deaf Aotearoa</b>			
Level 2, 330 High Street, Lower Hutt, 5010	<a href="http://www.deaf.org.nz">www.deaf.org.nz</a>	021 545 288	<a href="mailto:shannon.krogmann@deaf.co.nz">shannon.krogmann@deaf.co.nz</a>
<b>Workbridge</b>			
Level 2, 330 High Street, Lower Hutt, 5010	<a href="http://www.workbridge.co.nz">www.workbridge.co.nz</a>	(04) 913 6400	<a href="mailto:kerryd@workbridge.co.nz">kerryd@workbridge.co.nz</a>

### IDEA Services

Level 15, 57 Willis Street Wellington, 6011	<a href="http://www.ihc.org.nz">www.ihc.org.nz</a>	(04) 472 2247 or 0800 442 442	
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### The Blind Foundation

121 Adelaide Road, Newtown Wellington, 6021	<a href="http://www.blindfoundation.org.nz">www.blindfoundation.org.nz</a>	0800 243 333	<a href="mailto:generalenquiries@blindfoundation.org.nz">generalenquiries@blindfoundation.org.nz</a>
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### Worklink

Level 1, 20 Daly Street, Hutt Central, Lower Hutt, 5010	<a href="http://www.emergeaotearoa.org.nz/our-services/education-employment-support/">www.emergeaotearoa.org.nz/our-services/education-employment-support/</a>	(04) 570 5354	<a href="mailto:info@emergeaotearoa.org.nz">info@emergeaotearoa.org.nz</a>
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### Workmates

Level 4, Suite 404 North City Plaza 2 Titahi Bay Rd Porirua 5022	<a href="http://www.workmates.co.nz">www.workmates.co.nz</a>	(04) 2377 141	<a href="mailto:susan.christian@workmates.co.nz">susan.christian@workmates.co.nz</a>
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### Workwise Employment Agency

181 Thorndon Quay, Pipitea, Wellington	<a href="http://www.workwise.org.nz">www.workwise.org.nz</a>	(04) 474 0643	<a href="mailto:info@workwise.org.nz">info@workwise.org.nz</a>
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# Vocational Services

## **What can I do during the day if I don't want to continue my education or be at work?**

You may be able to go a Vocational Service during the day. At a Vocational Service you will be asked what things you like to do and what your dreams and goals are for the future. The service will then work with you to help you with your dreams and goals. Talk to your transition worker about what to do to go to a vocational service.

## **What will I be doing during the day at a Vocational Service?**

This depends on what you would like to do; each service provides different experiences. Most places will help you develop a personal plan. You decide what activities you will be doing and these activities could be with a group. The activities may include:

- Continuing to build life skills
- Building and growing relationships
- Working on your confidence and self-esteem
- Focussing on your health and fitness
- Working on your employment skills
- Working on your literacy and numeracy skills
- Doing voluntary work in the community

There are some services that will offer a one-to-one service that is based on the ideas of Enabling Good Lives.

Your transition worker will work with you to find the right vocational service.

## **Do I have to go to one of these services full time?**

No, you can choose to attend a Vocational Service from half a day to five full days. Vocational Services are Monday – Friday, and usually from 9am – 3pm.

## **Can I choose to go to more than one service?**

Yes you can. Your Transition Service Provider will discuss this option with you.

## **Do I have to pay?**

You don't have to pay to go to vocational services but there will probably be costs to do some activities such as trips out to the movies. You will need to pay for this

yourself. There are differences in how the service gets paid and it changes depending on service you choose to use.

If the service is paid for by the Ministry of Social Development, then you can go to the vocational services using this money.

Some providers have a 'fee for service'. You should talk about ways of paying with the providers that you are interested in.

## Vocational Services Directory

Contact Details			
Address	Website	Phone	Email
<b>IHC/Idea Services</b>			
Level 15, 57 Willis Street Wellington, 6011	<a href="http://www.ihc.org.nz">www.ihc.org.nz</a>	(04) 472 2247 or 0800 442 442	
<b>ACE Employment</b>			
Level 1, James Smith Cnr, 65 Cuba St, Te Aro Wellington, 6011	<a href="http://www.wgtnaftercare.org.nz">www.wgtnaftercare.org.nz</a>	(04) 382 7302	<a href="mailto:manager@wgtnaftercare.org.nz">manager@wgtnaftercare.org.nz</a>
<b>Hutt Valley Disabled Resources Trust (HVDRT)</b>			
60 Woburn Road, Lower Hutt, 5010	<a href="http://www.hvdrt.org.nz">www.hvdrt.org.nz</a>	(04) 569 3091	<a href="mailto:info@hvdrt.org.nz">info@hvdrt.org.nz</a>
<b>Laura Fergusson Trust</b>			
18 Laura Fergusson Grove, Naenae, Lower Hutt, 5011	<a href="http://www.laurafergusson.co.nz">www.laurafergusson.co.nz</a>	(04) 567 6024	<a href="mailto:info@laurafergusson.co.nz">info@laurafergusson.co.nz</a>

<b>Contact Details</b>			
<b>Address</b>	<b>Website</b>	<b>Phone</b>	<b>Email</b>
<b>Thumbs Up</b>			
5 Elizabeth Street, Lower Hutt, 5012	<a href="http://www.thumbsuptrust.org.nz">www.thumbsuptrust.org.nz</a>	(04) 586 8069	<a href="mailto:manager@thumbsuptrust.org.nz">manager@thumbsuptrust.org.nz</a>
<b>MASH Trust – Living Plus</b>			
11 Dudley Street, Lower Hutt	<a href="http://www.mashtrust.org.nz">www.mashtrust.org.nz</a>	(04) 974 8549	<a href="mailto:gsewell@mashttrust.org.nz">gsewell@mashttrust.org.nz</a>
<b>Pablo’s Art Studio</b>			
189 Vivian Street, Wellington, 6011	<a href="http://www.pablosart.org.nz">www.pablosart.org.nz</a>	(04) 385 7602	<a href="mailto:pablos@pablosart.org.nz">pablos@pablosart.org.nz</a>
<b>Vincent’s Art Workshop</b>			
142 Willis Street, Wellington, 6011	<a href="http://www.vincents.co.nz">www.vincents.co.nz</a>	(04) 499 1030	<a href="mailto:vincentsartworkshop@xtra.co.nz">vincentsartworkshop@xtra.co.nz</a>
<b>NZCare</b>			
Level 4, 13-27 Manners Street, Wellington	<a href="http://www.healthcarenz.co.nz">www.healthcarenz.co.nz</a>	(04) 802 0950 or 0800 227 348	<a href="mailto:feedback@nzcaregroup.co.nz">feedback@nzcaregroup.co.nz</a>
<b>Whitford Brown</b>			
Cnr Kapit Cres & Mana Ave, Titahi Bay, Porirua		(04) 236 8944	<a href="mailto:whitfordbrown@xtra.co.nz">whitfordbrown@xtra.co.nz</a>

## Housing and Living Arrangements

You may choose to live at home with your family/whānau when you leave school. While living at home you can still get some help with money from Work & Income. When you are ready to leave home there are a lot of options.

### How do I find a place to rent or buy?

Contact Work & Income on 0800 687 775 or visit their website [www.workandincome.govt.nz](http://www.workandincome.govt.nz) to see if you can get help from them to find rental homes. You can go to services such as an Occupational Therapists (OT) who can look at housing changes through their Housing Solutions service by getting a GP referral to community health.

It can be hard to get good housing which will be able to suit your needs.

Work and Income New Zealand (W&I) has to:

- Confirm a person/family's allowance for social housing
- Work out their need for social housing
- Work out how soon that person needs social housing
- Work out their housing needs such as wheelchair ramps, etc.

W&I also find out whether a person/family is allowed to get Income Related Rent (available if you don't have an income or earn below a certain amount). You do not have to be getting a benefit to be able to get social housing or Income Related Rent.

If you do need social housing assistance you will be referred to a social housing provider like Housing New Zealand Corporation (HNZC) or a Community Housing Provider (CHP)

Contact Work & Income, your local council, or 'community housing provider' for help. You could also contact the Disabled Person's Assembly (DPA) to ask about other people who may be looking for flatmates.

Ministry of Social Development can advise if you can get social housing.

### How do I make modifications to my house or flat to make it more accessible or usable for me?

Get a referral through your doctor for occupational therapy help to support you in looking into possible homes that meet your needs. You can also contact Enable and your Needs Assessment Service Coordination (NASC) worker about referral options to an occupational therapist for changing your home.

You can get a home alarm for your protection and safety. If something happens



to you, like if you fall, feel unwell, or you feel like you are in danger and you ring the alarm you will be connected to St. Johns Ambulance service. They will check you are ok and only send an ambulance if you need one. They may also tell your carer or a whānau/family member.

### **How do I find support to help me live in my own place?**

If you need support then you may be able to use a supported living service or Choices in Community Living may be able to help for you. You will need to contact your NASC or ACC coordinator, or a supported living service. For a list of support agencies, please look at the list in this resource.

### **Where do I go to get emergency housing?**

- Work and Income
- NASC or ACC around potential 'Short Term Residential' options suitable for the situation or need
- Citizens Advice Bureau



## Moving Out of Home Checklist

<input type="checkbox"/>	Contact your local NASC or ACC when you start to consider leaving home to discuss options for support in the community (do this as early as possible as processes can take some time).	Support Needs	Page 15
<input type="checkbox"/>	Consider where you are going to live in relation to your transport needs, e.g. availability of Total Mobility Taxis, public transport services such as buses, getting to and from work.		
<input type="checkbox"/>	Consider if you are going to live alone or with others and who they may be.		
<input type="checkbox"/>	Contact the local NASC agency to discuss support for finding flatmates.	Support Needs	Page 15
<input type="checkbox"/>	Contact the local NASC agency to discuss support and advice on gaining good community access.	Support Needs	Page 15
<input type="checkbox"/>	If you think you might need 24hr support talk to your local NASC or ACC about disability residential options and how you may transition out of home.	Support Needs	Page 15
<input type="checkbox"/>	Consider what you are going to do during the day? (Work, leisure, education, social options etc.)	Introduction Transition Process	Page 3 Page 7
<input type="checkbox"/>	Consider options for increasing your self-help skills both prior to and after you move out (learning is a life time process).		
<input type="checkbox"/>	Contact W&I, disability support service providers, or real estate agents around finding an accessible home.	Housing and Living Arrangements	Page 38
<input type="checkbox"/>	Contact W&I around “income related rentals” if you are unable to work.	Housing and Living Arrangements	Page 38
<input type="checkbox"/>	Talk with W&I to ensure that you have all the benefits you are eligible for, for	Income Support	Page 24

	example, accommodation allowance, disability allowance, special benefit, etc.		
<input type="checkbox"/>	Contact your GP, NASC, or ACC, around specialist input for modifications to existing homes to make them accessible.	Housing and Living Arrangements	Page 38
<input type="checkbox"/>	Consider who are the natural networks such as, family, friends, neighbours who can help support you to live as independently as possible.	Transition Process	Page 7
<input type="checkbox"/>	Consider your own budgeting skills and look at getting support with this if you have the need.		
<input type="checkbox"/>	Consider a 0900 toll bar on phone to avoid unnecessary costs on your telephone bill.		
<input type="checkbox"/>	Talk to W&I, your local NASC or GP about all the options for Home Alone alarms as there are many different options and prices.	Housing and Living Arrangements	Page 38
<input type="checkbox"/>	If you are a teenager or young adult still at home, have you and your parents considered your ability and confidence to be at home alone? You may like to start trying this in a planned way (we acknowledge that this may not be appropriate for everyone).	Transition Process	Page 7
<input type="checkbox"/>	Have you done any planning for your future that sets clear goals for where you want to be, and breaking them down into smaller steps or goals?	Transition Process	Page 8
<input type="checkbox"/>	Think about how you get around your own community now and how you will in the future. You may need support to develop new skills to access public transport, or obtain a drivers licence.	The school's role in supporting students into post-school options	Page 13
<input type="checkbox"/>	Have you had an opportunity for work skills development and to gain work place experiences?	Transition Process	Page 8
		The school's role in	Page 13

		supporting students into post-school options	
		Employment	Page 29
<input type="checkbox"/>	Consider your numeracy and literacy skills, what support and on-going education you will need	Further Education	Page 28
		Vocational Services	Page 34
<input type="checkbox"/>	Identify key people for areas you may need support with. For example, filling in forms, legal documentation and disclosure of your personal information	Legal / Guardianship Information	Page 48
<input type="checkbox"/>	Have you talked to the school's career or guidance counsellor about developing a career plan? Does your IEP have these goals?	Transition Process	Page 8
		The school's role in supporting students into post-school options	Page 13
<input type="checkbox"/>	Consider your skills that will help assist living as independently as possible, e.g., cooking, housework, budgeting etc. Are these goals in your IEP?	Transition Process	Page 7
<input type="checkbox"/>	Don't be afraid to take a risk in trying new things, it is okay to make mistakes, it is how everyone learns		
<input type="checkbox"/>	Think of ways you can keep in contact with the friends you have at school when you leave		
<input type="checkbox"/>	Look at joining sports groups, clubs, activity groups, church or youth groups which will give you lots to do after you leave school	Recreation and Leisure	Page 44
<input type="checkbox"/>	Do you have an IRD number? Get one.		Page 24

		Income Support	
<input type="checkbox"/>	Do have an 18+ card? Get one.		
<input type="checkbox"/>	Are you developing skills that will help you maintain your safety with adult relationships?		

## Recreation and Leisure

### How do I find out what things are in the community that I might want to take part in?

Visit your local Council website to see what they have in the way of activities and events.

Wellington City [www.wellington.govt.nz](http://www.wellington.govt.nz)

Hutt City [www.huttcity.govt.nz](http://www.huttcity.govt.nz)

Porirua City [www.pcc.govt.nz](http://www.pcc.govt.nz)

Upper Hutt City [www.upperhuttcity.com](http://www.upperhuttcity.com)

Kapiti Coast District [www.kapiticoast.govt.nz](http://www.kapiticoast.govt.nz)

South Wairarapa District [www.swdc.govt.nz](http://www.swdc.govt.nz)

Carterton District [www.cartertondc.co.nz](http://www.cartertondc.co.nz)

Tararua District (part) [www.tararoadc.govt.nz](http://www.tararoadc.govt.nz)

Masterton District [www.mstn.govt.nz](http://www.mstn.govt.nz)

### My access to local clubs and activities is limited due to my disability. How can I remove the barriers?

Contact the Halberg Trust Sport Opportunity Adviser, by visiting [www.halbergallsports.co.nz](http://www.halbergallsports.co.nz). The advisor will help you into a sport or physical activity in your region.

The Sport Opportunity Adviser may also be able to help get funding for people under 20 years old to help cover the 'extra' costs needed to do an activity with your peers. If you are looking for daytime support, contact MSD at [www.msd.govt.nz](http://www.msd.govt.nz)

Contact Sport Wellington for advice and access to local sport opportunities if you have a physical disability on (04) 380 2070 or visit [www.sportwellington.org.nz/inclusive-sport](http://www.sportwellington.org.nz/inclusive-sport)

Contact Special Olympics for advice and access to local sport opportunities if you have an intellectual or learning disability on (04) 560 0360 or visit [www.specialolympics.org.nz](http://www.specialolympics.org.nz)

### **What are some ideas to help access social activities?**

- local A-Z directory
- CCS Disability Action
- IDEA Services
- Sport Wellington
- Special Olympics – [wellington@specialolympics.org.nz](mailto:wellington@specialolympics.org.nz)
- StarJam – (04) 212 4971 (Wellington StarPod)
- Citizens Advice Bureau
- Local council for information on what is in your area
- Recreation centres and holiday programmes
- Cultural groups and community centre or local Marae
- FUSE social group - [fusewellington@gmail.com](mailto:fusewellington@gmail.com)
- Local youth and church groups



# Advocacy

Advocacy is where you are helped by another person to say what you want, or to do what you want. Often advocacy is used when someone is unhappy about something and wants to make a complaint or get something changed. You can also advocate for yourself.

## Who can I contact if I want an advocate?

You can use a friend, family member or other person to help you with advocacy, or you can use one of the following professional advocacy services:

- Health and Disability Advocacy service phone 0800 555 050 or email [advocacy@hdc.org.nz](mailto:advocacy@hdc.org.nz)
- IHC Advocacy Service, phone 0800 442 442 or email [advocacy@ihc.org.nz](mailto:advocacy@ihc.org.nz)
- The Personal Advocacy Trust, phone (04) 385 9175 or email [advocacy@patrust.org.nz](mailto:advocacy@patrust.org.nz) around advocacy for people with Intellectual Disabilities
- People First NZ Ngā Tangata Tuatahi, phone 0800 20 60 70
- The Disabled Persons' Assembly (DPA), phone/(TeleType) TTY (04) 801 9100
- Parent 2 Parent, phone 04 569 9398
- CCS Disability Action, phone 0800 227 2255 or 04-384 5677 or email [wellington.admin@ccsdisabilityaction.org.nz](mailto:wellington.admin@ccsdisabilityaction.org.nz)
- Citizens Advice Bureau for assistance on advocacy advice

Contact the Strengthening Families coordinator in your local area if you require support around an 'interagency approach' for children under 17 years old

## What do I do if I don't like something a service provider is doing?

All services should have a complaints procedure and the service provider should tell you about this. If you do not know how to make a complaint, ask the service for a copy.

First you should discuss your concern/complaint with the manager of the service. Remember you can take a support person along when you do this. If the concern/complaint is not sorted out ask about the complaints process of that service. It is a good idea at this point to put it into writing.

If the issue is not sorted out with the provider, contact the funder of the service. This may be ACC, the local NASC service or MSD. They can help you to look at other service options and give you ideas about further action.



If you cannot sort your issue out with the service provider, contact the Health and Disability Advocacy service on 0800 555 050 for advice and assistance. You can also make a complaint about Ministry of Health Disability Support Services or the disability support services funded by them by calling 0800 373 664 or email on [dsdcomplaints@moh.govt.nz](mailto:dsdcomplaints@moh.govt.nz)

**Who can provide long-term advocacy for me for when my parents or family aren't able to?**

You can talk about this issue with your Local Citizens Advice Bureau, community law society or IHC Advocacy Service. You can also contact the Health and Disability Advocacy service on 0800 555 050 or for advocacy for people with intellectual disabilities, contact The Personal Advocacy Trust on (04) 385 9175 or email [advocacy@patrust.org.nz](mailto:advocacy@patrust.org.nz)



## Legal / Guardianship Information

Your whānau / caregivers may think that they can keep on making legal decisions for you once you leave school – this isn't right. When you turn eighteen you become legally responsible for your own decisions.

If you feel that you need helping making decisions you can have someone else make decisions with you or for you. This can be your whānau, caregiver or a guardian of your choice. You do this by giving the person something called an enduring power of attorney.

Another thing you could do is appoint a welfare guardian or a property manager who will help you with future decisions. This is done through the Family Court.

### How does the Family Court decide what to do?

The Family Court makes decisions through the Protection of Personal and Property Rights Act 1988 (the PPPR Act). When decisions are made under the PPPR Act, the Family Court must protect and promote your property rights as the individual. In any case, the Court's two key goals are:

- to not to get in the way too much with the person's life to let the person use and develop whatever capacity they do have, as much as possible

### What if I need more information or advice on legal aspects and guardianship?

If you would like more information about the Protection of Personal and Property Rights Act 1988 there is a booklet called 'The Protection of Personal and Property Rights Act 1988' that you can get from your local Family Court.

Your local Family Court can also give you more information on the act, or you can get legal advice from a lawyer (Family Court staff cannot give you legal advice).

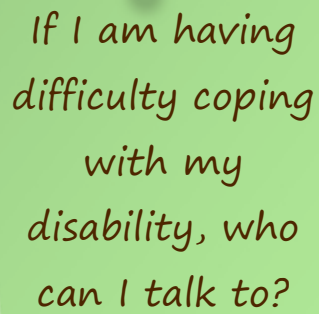
Citizens Advice Bureau offices can give you free information, support and advice about the Protection of Personal and Property Rights Act. The Citizens Advice Bureau offices in the Wellington are listed in the Useful Websites Directory of this resource.

You can also contact advocacy organisations to help you. Advocacy organisations are also listed in the Useful Websites Directory of this publication.

IHC has a large amount of information on intellectual disability, including legal and ethical issues. CCS Disability Action Information Service can give you information about all aspects of disability.



## Miscellaneous



*If I am having difficulty coping with my disability, who can I talk to?*

If you are finding it hard to cope with your disability, talk to your school's Guidance Counsellor or with your local NASC service for further options.

If you are dealing with change, loss or grief and finding it hard you can phone Skylight on 0800 299 100 or visit their website [www.skylight.org.nz](http://www.skylight.org.nz)

You can also talk to your service provider or a hospital social worker. There are counsellors in your area and they are listed in the Yellow Pages directory. You can also contact your GP for a referral to counselling—your first six sessions are free.

### **Who can I talk to if I want to find out more about my sexuality and about relationships?**

If you find it hard to talk about your questions with a family member or close friend you trust, contact Family Planning for information and support. The whānau coordinators at CCS Action Disability and IDEA Services can give you information to help. You could also phone Relationship Services on 0800 735 283 or Youthline on 0800 37 66 33.

### **Where can I find help if some of my behaviours seem strange to others, or are misunderstood, or others see them as challenging?**

If you are already involved with IDEA Services you can be referred through to their Behavioural Support Team or contact Explore services on 0800 275 174.

Your GP, service coordinator, or case manager should also be able to talk with you about your options. Think about talking with your GP about whether your behaviour may have anything to do with any mental health issues. GPs can refer you to a number of Mental Health services. The side effects of some medications can change behaviour; talk about this with your GP or Specialist.

If you are a parent or a full-time carer of a person with a disability, contact NASC to discuss accessing possible respite options if you consider this a need.

Work & Income will work out an agent (a friend or family member) who can work on your behalf and this may be helpful to start off with, if you are having difficulty communicating your needs.

Contact Autism New Zealand around information and support for people with

autism on 0800 AUTISM or visit [www.autismnz.org.nz](http://www.autismnz.org.nz)



## Useful Websites Directory

The following organisations provide information and support for those with a disability.

### Advocacy

Contact Details			
Address	Website	Phone	Email
<b>CCS Disability Action</b>			
Level 3, 94 Dixon Street Wellington, 6011	<a href="http://www.ccsdisabilityaction.org.nz">www.ccsdisabilityaction.org.nz</a>	0800 227 2255	<a href="mailto:info@ccsdisabilityaction.org.nz">info@ccsdisabilityaction.org.nz</a>
<b>Disabled Persons Assembly NZ</b>			
Level 4, Century City Tower, 173 Victoria St Wellington, 6011	<a href="http://www.dpa.org.nz">www.dpa.org.nz</a>	04 801 9100	<a href="mailto:gen@dpa.org.nz">gen@dpa.org.nz</a>
<b>Family Services</b>			
Bowen State Building Bowen Street Wellington	<a href="http://www.familyservices.govt.nz">www.familyservices.govt.nz</a>	04 916 3300	<a href="mailto:Information@familyservices.govt.nz">Information@familyservices.govt.nz</a>

<b>Contact Details</b>			
<b>Address</b>	<b>Website</b>	<b>Phone</b>	<b>Email</b>
<b>IHC</b>			
Level 15 57 Willis Street Wellington 6140	<a href="http://www.ihc.org.nz">www.ihc.org.nz</a>	0800 442 442	<a href="mailto:advocacy@ihc.org.nz">advocacy@ihc.org.nz</a>
<b>Parent 2 Parent</b>			
420 Anglesea Street Hamilton 3240	<a href="http://www.parent2parent.org.nz">www.parent2parent.org.nz</a>	0508 236 236	
<b>Parent and Family</b>			
92a Princes Street Onehunga Auckland 0600	<a href="http://www.parentandfamily.org.nz">www.parentandfamily.org.nz</a>	09 636 0351	

<b>Contact Details</b>			
<b>Address</b>	<b>Website</b>	<b>Phone</b>	<b>Email</b>
<b>People First</b>			
Level 4 Century City Tower 173-175 Victoria Street Wellington 61416141	<a href="http://www.peoplefirst.org.nz">www.peoplefirst.org.nz</a>	0800 20 60 70 027 512 1226	<a href="mailto:mail@peoplefirst.org.nz">mail@peoplefirst.org.nz</a>
<b>Vaka Tautua</b>			
2a Raiha Street, Elsdon, Porirua 5022	<a href="http://www.vakatautua.co.nz">www.vakatautua.co.nz</a>	(04) 237 1096	<a href="mailto:info@vakatautua.co.nz">info@vakatautua.co.nz</a>



# Citizens Advice Bureau

<b>Contact Details</b>			
<b>Address</b>	<b>Website</b>	<b>Phone</b>	<b>Email</b>
<b>Wellington Central</b>			
65 Victoria Street, Te Aro, Wellington	<a href="http://www.cab.org.nz">www.cab.org.nz</a>	(04) 382 8759	<a href="mailto:wellingtoncentral@cab.org.nz">wellingtoncentral@cab.org.nz</a>
<b>Wellington West</b>			
7 Beauchamp Street, Karori, Wellington	<a href="http://www.cab.org.nz">www.cab.org.nz</a>	(04) 472 2466	<a href="mailto:karori@cab.org.nz">karori@cab.org.nz</a>
<b>Wellington East</b>			
56-58 Bay Road, Kilbirnie, Wellington	<a href="http://www.cab.org.nz">www.cab.org.nz</a>	(04) 387 3573	<a href="mailto:kilbirnie@cab.org.nz">kilbirnie@cab.org.nz</a>
<b>Newtown</b>			
Cnr of Rintoul and Colombo Street, Newtown, Wellington	<a href="http://www.cab.org.nz">www.cab.org.nz</a>	(04) 389 3813	<a href="mailto:newtown@cab.org.nz">newtown@cab.org.nz</a>

<b>Contact Details</b>			
<b>Address</b>	<b>Website</b>	<b>Phone</b>	<b>Email</b>
<b>Johnsonville</b>			
1 Frankmoore Avenue, Johnsonville, Wellington	<a href="http://www.cab.org.nz">www.cab.org.nz</a>	(04) 478 5698	<a href="mailto:johnsonville@cab.org.nz">johnsonville@cab.org.nz</a>
<b>Lower Hutt</b>			
1 Knights Road, Lower Hutt	<a href="http://www.cab.org.nz">www.cab.org.nz</a>	(04) 566 6039	<a href="mailto:lowerhutt@cab.org.nz">lowerhutt@cab.org.nz</a>
<b>Upper Hutt</b>			
2 Sinclair Street, Upper Hutt	<a href="http://www.cab.org.nz">www.cab.org.nz</a>	(04) 528 9040	<a href="mailto:upperhutt@cab.org.nz">upperhutt@cab.org.nz</a>
<b>Petone</b>			
6 Britannia Street, Petone, Lower Hutt	<a href="http://www.cab.org.nz">www.cab.org.nz</a>	(04) 568 8877	<a href="mailto:petone@cab.org.nz">petone@cab.org.nz</a>

<b>Contact Details</b>			
<b>Address</b>	<b>Website</b>	<b>Phone</b>	<b>Email</b>
<b>Porirua</b>			
2 <sup>nd</sup> Floor, Pember House, 16 Hagley Street, Porirua	<a href="http://www.cab.org.nz">www.cab.org.nz</a>	(04) 237 8846	<a href="mailto:porirua@cab.org.nz">porirua@cab.org.nz</a>
<b>Kapiti</b>			
1 <sup>st</sup> Floor, Coastlands Shoppingtown, Paraparaumu	<a href="http://www.cab.org.nz">www.cab.org.nz</a>	(04) 298 4944	<a href="mailto:kapiti@cab.org.nz">kapiti@cab.org.nz</a>
<b>Wairarapa</b>			
43 Perry Street, Masterton	<a href="http://www.cab.org.nz">www.cab.org.nz</a>	(06) 377 0078	<a href="mailto:wairarapa@cab.org.nz">wairarapa@cab.org.nz</a>
<b>Otaki</b>			
65a Main Street, Otaki	<a href="http://www.cab.org.nz">www.cab.org.nz</a>	(06) 364 8664	<a href="mailto:otaki@cab.org.nz">otaki@cab.org.nz</a>

# Careers

Contact Details			
Address	Website	Phone	Email
<b>Careers</b>			
Level 3, 22-28 Willeston Street, Te Aro, Wellington	<a href="http://www.careers.govt.nz">www.careers.govt.nz</a>	0800 222 733	<a href="mailto:careers@careers.govt.nz">careers@careers.govt.nz</a>
<b>Department of Labour – My First Job: Info about young workers</b>			
Ministry of Business, Innovation & Employment PO Box 3705 Wellington	<a href="http://www.dol.govt.nz/infozone/myfirstjob/index.asp">www.dol.govt.nz/infozone/myfirstjob/index.asp</a>	04 915 4400	<a href="mailto:workplacecontactcentre@mbie.govt.nz">workplacecontactcentre@mbie.govt.nz</a>
<b>The Tertiary Education Commission - Modern Apprenticeships</b>			
Level 10 44 The Terrace Wellington 6141	<a href="http://www.tec.govt.nz">www.tec.govt.nz</a>	0800 601 301	<a href="mailto:servicecentre@tec.govt.nz">servicecentre@tec.govt.nz</a>

## Disability Groups and Support Agencies

Contact Details			
Address	Website	Phone	Email
<b>Association of Blind Citizens of New Zealand</b>			
Ground Floor, 113 Adelaide Road, Wellington	<a href="http://www.abcnz.org.nz">www.abcnz.org.nz</a>	0800 222 694	<a href="mailto:enquiries@abcnz.org.nz">enquiries@abcnz.org.nz</a>
<b>Autism NZ</b>			
20 Sydney Street, Petone, Lower Hutt	<a href="http://www.autism.org.nz">www.autism.org.nz</a>	(04) 803 3504	<a href="mailto:info@autism.org.nz">info@autism.org.nz</a>
<b>Autism NZ Wairarapa/Upper Hutt</b>			
Wairarapa Community Centre, 41 Perry Street, Masterton	<a href="http://www.autism.org.nz">www.autism.org.nz</a>	(06) 929 7004	<a href="mailto:wairarapa@autismnz.org.nz">wairarapa@autismnz.org.nz</a>
<b>Barrier Free New Zealand</b>			
PO Box 36 320 Merivale Christchurch 8146	<a href="http://www.barrierfreenz.org.nz">www.barrierfreenz.org.nz</a>	04 915 5848	<a href="mailto:office@barrierfreenz.org.nz">office@barrierfreenz.org.nz</a>

<b>Contact Details</b>			
<b>Address</b>	<b>Website</b>	<b>Phone</b>	<b>Email</b>
<b>Be Accessible</b>			
Level 5 350 Queen Street Auckland New Zealand	<a href="http://www.beaccessible.org.nz">www.beaccessible.org.nz</a>	0800 Be in touch (234 686)	<a href="mailto:info@beaccessible.org.nz">info@beaccessible.org.nz</a>
<b>The Blind Foundation</b>			
121 Adelaide Road, Newtown Wellington, 6021	<a href="http://www.blindfoundation.org.nz">www.blindfoundation.org.nz</a>	0800 243 333	<a href="mailto:generalenquiries@blindfoundation.org.nz">generalenquiries@blindfoundation.org.nz</a>
<b>Capital Support</b>			
Kenepuru Community Hospital, 10 Wi Neera Drive, Porirua	<a href="http://www.ccdhb.org.nz">www.ccdhb.org.nz</a>	(04) 230 6400	<a href="mailto:wellington@coordination.org.nz">wellington@coordination.org.nz</a>
<b>Carers NZ</b>			
PO Box 47385, Ponsonby, Auckland 1144	<a href="http://www.carers.net.nz">www.carers.net.nz</a>	0800 777 797	<a href="mailto:centre@carers.net.nz">centre@carers.net.nz</a>

<b>Contact Details</b>			
<b>Address</b>	<b>Website</b>	<b>Phone</b>	<b>email</b>
<b>Cloud 9 Children's Foundation</b>			
PO Box 51176 Tawa 5249	<a href="http://www.withyoueveryste&lt;br/&gt;poftheway.com">www.withyoueveryste poftheway.com</a>	04 232 4795	<a href="mailto:admin@cloud9foundatio&lt;br/&gt;n.co.nz">admin@cloud9foundatio n.co.nz</a>
<b>Complex Careers Group</b>			
PO BOX 334-073 Sunnynook Auckland 0743	<a href="http://www.complexcaregro&lt;br/&gt;up.&lt;br/&gt;org.nz">www.complexcaregro up. org.nz</a>	0800 852 693	
<b>Deaf Aotearoa</b>			
Level 3, Aviation House, 12 Johnston Street, Wellington	<a href="http://www.deaf.co.nz">www.deaf.co.nz</a>	0800 329 322	<a href="mailto:national@deaf.org.nz">national@deaf.org.nz</a>
<b>Enable New Zealand</b>			
60 Malden Street Palmerston North 4442	<a href="http://www.enable.co.nz">www.enable.co.nz</a>	06 353 5800	<a href="mailto:enable@enable.co.nz">enable@enable.co.nz</a>
<b>Epilepsy NZ</b>			
Epilepsy House 6 Vialou Street Hamilton Hamilton	<a href="http://www.epilepsy.org.nz">www.epilepsy.org.nz</a>	0800 20 21 22	<a href="mailto:national@epilepsy.org.n&lt;br/&gt;z">national@epilepsy.org.n z</a>

<b>Contact Detail</b>			
<b>Address</b>	<b>Website</b>	<b>Phone</b>	<b>email</b>
<b>Mental Health</b>			
Units 109-110, Zone 23, 23 Edwin St, Mt Eden 1024	<a href="http://www.mentalhealth.org.nz">www.mentalhealth.org.nz</a>	(09) 623 4810	<a href="mailto:info@mentalhealth.org.nz">info@mentalhealth.org.nz</a>
<b>Multiple Sclerosis</b>			
314 Worcester Street, Linwood, Christchurch	<a href="http://www.msnz.org.nz">www.msnz.org.nz</a>	(04) 499 4677	<a href="mailto:info@msnz.org.nz">info@msnz.org.nz</a>
<b>National Federation for the Deaf</b>			
11 York Street, Parnell, Auckland	<a href="http://www.nfd.org.nz">www.nfd.org.nz</a>	0800 867 446	<a href="mailto:enquiries@nfd.org.nz">enquiries@nfd.org.nz</a>
<b>New Zealand Federation of Disability Information Centres</b>			
PO Box 1091 Invercargill	<a href="http://www.nzfdic.org.nz">www.nzfdic.org.nz</a>	03 214 5000	<a href="mailto:admin@nzfdic.org.nz">admin@nzfdic.org.nz</a>
<b>What Everyone Keeps Asking (about disability) - WEKA</b>			
Enable New Zealand 69 Malden Street Palmerston North 4442	<a href="http://www.weka.net.nz">www.weka.net.nz</a>	(06) 353 5810 0800 17 1981	<a href="mailto:info@enable.co.nz">info@enable.co.nz</a>



## Education / Curriculum

Contact Details			
Address	Website	Phone	Email
<b>Massey University Wellington</b>			
Wallace Street, Mount Cook, Wellington 6021	<a href="http://www.massey.ac.nz">www.massey.ac.nz</a>	(04) 801 5799	<a href="mailto:contact@massey.ac.nz">contact@massey.ac.nz</a>
<b>Ministry of Education - Youth Guarantee Scheme</b>			
Level 3 (Reception) 45-47 Pipitea Street Thorndon Wellington	<a href="http://www.minedu.govt.nz/NZEducation/EducationPolicies/Schools/Initiatives/YouthApprenticeships.aspx">www.minedu.govt.nz/NZEducation/EducationPolicies/Schools/Initiatives/YouthApprenticeships.aspx</a>	04 463 8000	
<b>NZ Institute of Technology and Polytechnics</b>			
NZ ITP PO Box 10087 Wellington	<a href="http://www.nzitp.ac.nz">www.nzitp.ac.nz</a>	04 815 8175	<a href="mailto:info@nzitp.ac.nz">info@nzitp.ac.nz</a>
<b>NZQA</b>			
Level 13 125 The Terrace Wellington 6011	<a href="http://www.nzqa.govt.nz">www.nzqa.govt.nz</a>	0800 697 296 04 463 3000	

<b>Open Polytechnic</b>			
3 Cleary Street Lower Hutt 5011 New Zealand	<a href="http://www.openpolytechnic.ac.nz">www.openpolytechnic.ac.nz</a>	0508 650 200	<a href="mailto:customerservices@openpolytechnic.ac.nz">customerservices@openpolytechnic.ac.nz</a>
<b>Person-Centred Planning Education Site</b>			
Cornell University School of Industrial and Labour Relations Ithaca New York, 14853-3901	<a href="http://www.edi.cornell.edu">www.edi.cornell.edu</a>	607-255-7727 (Voice)	<a href="mailto:cjb39@cornell.edu">cjb39@cornell.edu</a>
<b>Secondary Tertiary Alignment Resource</b>			
Level 3 45-47 Pipitea Street Thorndon Wellington	<a href="http://www.minedu.govt.nz">www.minedu.govt.nz</a>	(04) 463 8000	
<b>South Pacific Educational Courses</b>			
1289 Ada Street, Hastings	<a href="http://www.spec.org.nz">www.spec.org.nz</a>	06 877 7410	<a href="mailto:info@spec.org.nz">info@spec.org.nz</a>
<b>Study Link</b>			
195 Willis Street, Te Aro Wellington	<a href="http://www.studylink.govt.nz">www.studylink.govt.nz</a>	0800 88 99 00	

<b>Contact Details</b>			
<b>Address</b>	<b>Website</b>	<b>Phone</b>	<b>Email</b>
<b>Te Wananga o Aotearoa</b>			
<i>Dependent on your location</i>	<a href="http://www.twoa.ac.nz">www.twoa.ac.nz</a>	0800 355 553	<a href="mailto:info@twoa.ac.nz">info@twoa.ac.nz</a>
<b>The Correspondence School Te Aho o Te Kura Pounamu</b>			
11 Portland Cres, Thorndon, Wellington	<a href="http://www.correspondence.school.nz">www.correspondence.school.nz</a>	0800 65 99 88	<a href="mailto:info@tekura.school.nz">info@tekura.school.nz</a>
<b>The Tertiary Education Commission</b>			
Level 10 44 The Terrace Wellington 6141	<a href="http://www.tec.govt.nz">www.tec.govt.nz</a>	0800 601 301	<a href="mailto:servicecentre@tec.govt.nz">servicecentre@tec.govt.nz</a>

<b>Contact Details</b>			
<b>Address</b>	<b>Website</b>	<b>Phone</b>	<b>Email</b>
<b>Victoria University of Wellington</b>			
Kelburn, Pipitea & Ghuznee Campuses	<a href="http://www.vuw.ac.nz">www.vuw.ac.nz</a>	(04) 472 1000	<a href="mailto:info@vuw.ac.nz">info@vuw.ac.nz</a>
<b>WelTec (Wellington Institute of Technology)</b>			
21 Kensington Avenue, Petone, Lower Hutt	<a href="http://www.weltec.ac.nz">www.weltec.ac.nz</a>	(04) 920 2400	<a href="mailto:information@weltec.ac.nz">information@weltec.ac.nz</a>
<b>Whitireia</b>			
3 Wi Neera Drive, Porirua	<a href="http://www.whitireia.ac.nz">www.whitireia.ac.nz</a>	(04) 237 3100	

## General Information

Contact Details			
Address	Website	Phone	Email
<b>Halberg Trust</b>			
Level 5 James & Wells Building 56 Cawley St, Ellerslie, Auckland	<a href="http://www.halberg.co.nz">www.halberg.co.nz</a>	09 579 9931 0800 HALBERG	<a href="mailto:office@halberg.co.nz">office@halberg.co.nz</a>
<b>New Zealand Sign Language</b>			
45 – 47 Pipitea Street Thorndon Wellington	<a href="http://www.tki.org.nz">www.tki.org.nz</a>	0800 858 525	<a href="mailto:help@tki.org.nz">help@tki.org.nz</a>
<b>Family Planning</b>			
Level 6, Southmark House, 203-209 Willis Street, Wellington	<a href="http://www.familyplanning.org.nz">www.familyplanning.org.nz</a>	(04) 384 4349	<a href="mailto:national@familyplanning.org.nz">national@familyplanning.org.nz</a>

<b>Contact Details</b>			
<b>Address</b>	<b>Website</b>	<b>Phone</b>	<b>Email</b>
<b>Outward Bound</b>			
3 Queens Wharf Wellington 6011	<a href="http://www.outwardbound.co.nz">www.outwardbound.co.nz</a>	0800 688 927	<a href="mailto:info@outwardbound.co.nz">info@outwardbound.co.nz</a>
<b>Spirit of Adventure</b>			
Princes Wharf Corner Quay and Hobson Streets Auckland 1010	<a href="http://www.spiritofadventure.org.nz">www.spiritofadventure.org.nz</a>	09-373 2060	<a href="mailto:info@spiritofadventure.org.nz">info@spiritofadventure.org.nz</a>
<b>Sport Wellington</b>			
Level 1, 223 Thorndon Quay, Thorndon, Wellington	<a href="http://www.sportwellington.org.nz">www.sportwellington.org.nz</a>	(04) 380 2070	<a href="mailto:info@sportwellington.org.nz">info@sportwellington.org.nz</a>

<b>Contact Details</b>			
<b>Address</b>	<b>Website</b>	<b>Phone</b>	<b>Email</b>
<b>TalkLink</b>			
Level 3, 187 Willis Street, Wellington	<a href="http://www.talklink.org.nz">www.talklink.org.nz</a>	(04) 389 4956	<a href="mailto:wellington@talklink.org.nz">wellington@talklink.org.nz</a>
<b>Translation Services</b>			
10 Mulgrave Street Wellington	<a href="http://www.dia.govt.nz/Translation-Service">www.dia.govt.nz/ Translation-Service</a>	0800 872 675	<a href="mailto:translate@dia.govt.nz">translate@dia.govt.nz</a>
<b>Volunteer Wellington</b>			
Level 7, 186 Willis Street, Wellington	<a href="http://www.volunteerwellington.nz">www.volunteerwellington.nz</a>	(04) 499 4570	<a href="mailto:info@volunteerwellington.nz">info@volunteerwellington.nz</a>

## Government Agencies

Contact Details			
Address	Website	Phone	Email
<b>Accident Compensation Corporation</b>			
ACC PO Box 242 Wellington 6140	<a href="http://www.acc.co.nz">www.acc.co.nz</a>	04 816 7400	<a href="mailto:information@acc.co.nz">information@acc.co.nz</a>
<b>Child, Youth and Family</b>			
<i>Dependent on your location</i>	<a href="http://www.cyf.govt.nz">www.cyf.govt.nz</a>	0508 326 459	<a href="mailto:webinfo@cyf.govt.nz">webinfo@cyf.govt.nz</a>
<b>Health and Disability Commission</b>			
Level 10, Tower Centre, 45 Queen St, Auckland 1010	<a href="http://www.hdc.org.nz">www.hdc.org.nz</a>	0800 11 22 33	<a href="mailto:hdc@hdc.org.nz">hdc@hdc.org.nz</a>
<b>Housing New Zealand</b>			
<i>Dependent on your location</i>	<a href="http://www.hnzc.co.nz">www.hnzc.co.nz</a>	0800 801 601	
<b>Human Rights Commission</b>			
Level 3, 21 Queen Street, Auckland	<a href="http://www.hrc.co.nz">www.hrc.co.nz</a>	0800 496 877	<a href="mailto:infoline@hrc.co.nz">infoline@hrc.co.nz</a>



<b>Contact Details</b>			
<b>Address</b>	<b>Website</b>	<b>Phone</b>	<b>email</b>
<b>Ministry of Business, Innovation and Employment</b>			
33 Bowen Street Wellington 6011	<a href="http://www.mbie.govt.nz">www.mbie.govt.nz</a>	04 901 1499	<a href="mailto:info@mbie.govt.nz">info@mbie.govt.nz</a>
<b>Ministry of Education - MOE</b>			
Level 3 45 – 47 Pipitea Street Thorndon, Wellington	<a href="http://www.minedu.govt.nz">www.minedu.govt.nz</a>	04 463 8000	<a href="mailto:info@minedu.govt.nz">info@minedu.govt.nz</a>
<b>Ministry of Health - MOH</b>			
133 Molesworth Street Thorndon, Wellington 6011	<a href="http://www.health.govt.nz">www.health.govt.nz</a>	0800 855 066	<a href="mailto:info@health.govt.nz">info@health.govt.nz</a>
<b>Ministry of Māori Development Te Puni Kōkiri</b>			
143 Lambton Quay, Wellington	<a href="http://www.tpk.govt.nz">www.tpk.govt.nz</a>	04 819 6000	<a href="mailto:info@tpk.govt.nz">info@tpk.govt.nz</a>
<b>Ministry of Pacific Island Affairs</b>			
Level 2 ASB Building 101 – 103 The Terrace Wellington 6011	<a href="http://www.mpia.govt.nz">www.mpia.govt.nz</a>	04 473 4493	<a href="mailto:contact@mpia.govt.nz">contact@mpia.govt.nz</a>

<b>Contact Details</b>			
<b>Address</b>	<b>Website</b>	<b>Phone</b>	<b>Email</b>
<b>Ministry of Social Development - MSD</b>			
Bowen State Building Bowen Street Wellington 6011	<a href="http://www.msd.govt.nz">www.msd.govt.nz</a>	(04) 916 3300	
<b>New Zealand Transport Agency</b>			
<i>Dependent on your location</i>	<a href="http://www.nzta.govt.nz">www.nzta.govt.nz</a>	(04) 894 5400	<a href="mailto:info@nzta.govt.nz">info@nzta.govt.nz</a>
<b>Ministry of Youth Development</b>			
Level 7, Bowen State Building, Bowen Street, Wellington	<a href="http://www.myd.govt.nz">www.myd.govt.nz</a>	(04) 916 3300	<a href="mailto:mydinfo@myd.govt.nz">mydinfo@myd.govt.nz</a>
<b>Office for Disability Issues</b>			
MSD Level 6, Bowen State Building, Bowen Street Wellington	<a href="http://www.odi.govt.nz">www.odi.govt.nz</a>	(04) 916 3300	<a href="mailto:odi@msd.govt.nz">odi@msd.govt.nz</a>
<b>Office of Ethnic Affairs</b>			
46 Waring Taylor Street Wellington	<a href="http://www.ethnicaffairs.govt.nz">www.ethnicaffairs.govt.nz</a>	(04) 494 0546	<a href="mailto:ethnic.affairs@dia.govt.nz">ethnic.affairs@dia.govt.nz</a>

Contact Details			
Address	Website	Phone	Email
<b>Office of the Privacy Commissioner</b>			
PO Box 10 – 094 The Terrace Wellington 6143	<a href="http://www.privacy.org.nz">www.privacy.org.nz</a>	0800 803 909	<a href="mailto:enquiries@privacy.org.nz">enquiries@privacy.org.nz</a>

## Income / Work Experience

<b>Contact Details</b>			
<b>Address</b>	<b>Website</b>	<b>Phone</b>	<b>Email</b>
<b>Advisors for Supported Employment in New Zealand - ASENZ</b>			
Level 7/86-90 Lambton Quay. Wellington 6011	<a href="http://www.asenz.org.nz">www.asenz.org.nz</a>	(04) 473 4678	<a href="mailto:info@nzdsn.org.nz">info@nzdsn.org.nz</a>
<b>Sorted</b>			
n/a	<a href="http://www.sorted.org.nz">www.sorted.org.nz</a>	0508 767 848	
<b>Student Job Search</b>			
n/a	<a href="http://www.sjs.co.nz">www.sjs.co.nz</a>	0800 757 562	<a href="mailto:student@sjs.co.nz">student@sjs.co.nz</a>
<b>Work and Income - W&amp;I</b>			
<i>Dependent on your location</i>	<a href="http://www.workandincome.govt.nz">www.workandincome.govt.nz</a>	0800 559 009	

# Wellington Libraries

<b>Contact Details</b>			
<b>Address</b>	<b>Website</b>	<b>Phone</b>	<b>Email</b>
<b>Brooklyn</b>			
Cnr Harrison & Cleveland Streets, Brooklyn.	<a href="http://www.wcl.govt.nz">www.wcl.govt.nz</a>	(04) 384 6814	<a href="mailto:enquiries@wcl.govt.nz">enquiries@wcl.govt.nz</a>
<b>Central</b>			
65 Victoria Street, Te Aro, Wellington City	<a href="http://www.wcl.govt.nz">www.wcl.govt.nz</a>	(04) 801 4040	<a href="mailto:enquiries@wcl.govt.nz">enquiries@wcl.govt.nz</a>
<b>Cummings Park (Ngaio)</b>			
1a Ottawa Road, Ngaio	<a href="http://www.wcl.govt.nz">www.wcl.govt.nz</a>	(04) 479 2344	<a href="mailto:enquiries@wcl.govt.nz">enquiries@wcl.govt.nz</a>
<b>Island Bay</b>			
167 The Parade, Island Bay	<a href="http://www.wcl.govt.nz">www.wcl.govt.nz</a>	(04) 383 7216	<a href="mailto:enquiries@wcl.govt.nz">enquiries@wcl.govt.nz</a>

<b>Contact Details</b>			
<b>Address</b>	<b>Website</b>	<b>Phone</b>	<b>Email</b>
<b>Johnsonville</b>			
5 Broderick Road, Johnsonville	<a href="http://www.wcl.govt.nz">www.wcl.govt.nz</a>	(04) 477 6151	<a href="mailto:enquiries@wcl.govt.nz">enquiries@wcl.govt.nz</a>
<b>Karori</b>			
247 Karori Road, Karori	<a href="http://www.wcl.govt.nz">www.wcl.govt.nz</a>	(04) 476 8413	<a href="mailto:enquiries@wcl.govt.nz">enquiries@wcl.govt.nz</a>
<b>Khandallah</b>			
8 Ganges Road, Khandallah	<a href="http://www.wcl.govt.nz">www.wcl.govt.nz</a>	(04) 479 7535	<a href="mailto:enquiries@wcl.govt.nz">enquiries@wcl.govt.nz</a>
<b>Mervyn Kemp (Tawa)</b>			
158 Main Road, Cnr Cambridge St & Main Road, Tawa	<a href="http://www.wcl.govt.nz">www.wcl.govt.nz</a>	(04) 232 1690	<a href="mailto:enquiries@wcl.govt.nz">enquiries@wcl.govt.nz</a>
<b>Miramar</b>			
68 Miramar Avenue, Miramar	<a href="http://www.wcl.govt.nz">www.wcl.govt.nz</a>	(04) 388 8005	<a href="mailto:enquiries@wcl.govt.nz">enquiries@wcl.govt.nz</a>

<b>Contact Details</b>			
<b>Address</b>	<b>Website</b>	<b>Phone</b>	<b>Email</b>
<b>Newtown</b>			
13 Constable Street, Newtown	<a href="http://www.wcl.govt.nz">www.wcl.govt.nz</a>	(04) 389 2830	<a href="mailto:enquiries@wcl.govt.nz">enquiries@wcl.govt.nz</a>
<b>Ruth Gotlieb (Kilbirnie)</b>			
101 Kilbirnie Crescent, Kilbirnie	<a href="http://www.wcl.govt.nz">www.wcl.govt.nz</a>	(04) 387 1480	<a href="mailto:enquiries@wcl.govt.nz">enquiries@wcl.govt.nz</a>
<b>Wadestown</b>			
Cnr of Moorehouse Street and Lennel Road, Wadestown	<a href="http://www.wcl.govt.nz">www.wcl.govt.nz</a>	(04) 472 5211	<a href="mailto:enquiries@wcl.govt.nz">enquiries@wcl.govt.nz</a>

## Porirua Libraries

Contact Details			
Address	Website	Phone	Email
<b>Canons Creek</b>			
18 Warspite Avenue, Canons Creek, Porirua	<a href="http://www.porirualibrary.org.nz">www.porirualibrary.org.nz</a>	(04) 237 8354	<a href="mailto:ccreeklibrary@pcc.govt.nz">ccreeklibrary@pcc.govt.nz</a>
<b>Pukerua Bay</b>			
6a Wairaka Road, Pukerua Bay	<a href="http://www.porirualibrary.org.nz">www.porirualibrary.org.nz</a>	(04) 239 9587	<a href="mailto:ndunne@pcc.govt.nz">ndunne@pcc.govt.nz</a>
<b>Titahi Bay</b>			
Shopping Centre, 26 Whitehouse Road, Titahi Bay	<a href="http://www.porirualibrary.org.nz">www.porirualibrary.org.nz</a>	(04) 236 7343	<a href="mailto:titahibaylibrary@pcc.govt.nz">titahibaylibrary@pcc.govt.nz</a>
<b>Whitby</b>			
69c Discovery Drive, Whitby	<a href="http://www.porirualibrary.org.nz">www.porirualibrary.org.nz</a>	(04) 234 8666	<a href="mailto:whitbylibrary@pcc.govt.nz">whitbylibrary@pcc.govt.nz</a>



# Hutt City Libraries

<b>Contact Details</b>			
<b>Address</b>	<b>Website</b>	<b>Phone</b>	<b>Email</b>
<b>Eastbourne</b>			
38 Rimu Street, Eastbourne	<a href="http://www.huttcity.govt.nz">www.huttcity.govt.nz</a>	(04) 562 8042	<a href="mailto:eastbourne.library@huttcity.govt.nz">eastbourne.library@huttcity.govt.nz</a>
<b>Moera</b>			
6a Wairaka Road, Pukerua Bay	<a href="http://www.huttcity.govt.nz">www.huttcity.govt.nz</a>	(04) 568 4720	<a href="mailto:moera.library@huttcity.govt.nz">moera.library@huttcity.govt.nz</a>
<b>Naenae</b>			
Hillary Court, Naenae	<a href="http://www.huttcity.govt.nz">www.huttcity.govt.nz</a>	(04) 567 2859	<a href="mailto:titahibaylibrary@pcc.govt.nz">titahibaylibrary@pcc.govt.nz</a>
<b>Petone</b>			
7-11 Britannia Street, Petone	<a href="http://www.huttcity.govt.nz">www.huttcity.govt.nz</a>	(04) 568 6253	<a href="mailto:whitbylibrary@pcc.govt.nz">whitbylibrary@pcc.govt.nz</a>
<b>Stokes Valley</b>			
Scott Court, Stokes Valley	<a href="http://www.huttcity.govt.nz">www.huttcity.govt.nz</a>	(04) 562 9050	<a href="mailto:stokesvalley.library@huttcity.govt.nz">stokesvalley.library@huttcity.govt.nz</a>

Address	Website	Phone	Email
<b>Taita</b>			
Walter Nash Centre, 22 Taine Street, Taita	<a href="http://www.huttcity.govt.nz">www.huttcity.govt.nz</a>	(04) 560 1094	<a href="mailto:taita.library@huttcity.govt.nz">taita.library@huttcity.govt.nz</a>
<b>Wainuiomata</b>			
Queen Street, Wainuiomata	<a href="http://www.huttcity.govt.nz">www.huttcity.govt.nz</a>	(04) 564 5822	<a href="mailto:wainuiomata.library@huttcity.govt.nz">wainuiomata.library@huttcity.govt.nz</a>
<b>War Memorial</b>			
Cnr Queens Drive & Woburn Road, Lower Hutt	<a href="http://www.huttcity.govt.nz">www.huttcity.govt.nz</a>	(04) 570 6633	<a href="mailto:libraries@huttcity.govt.nz">libraries@huttcity.govt.nz</a>

## Disability Specific Libraries

Contact Details			
Address	Website	Phone	Email
<b>Autism New Zealand, Waikato Branch</b>			
271-277 Willis Street, Wellington	<a href="http://www.autismnz.org.nz/local_branches/wellington">www.autismnz.org.nz/local_branches/wellington</a>	(04) 803 3504	<a href="mailto:wellington@autismnz.org.nz">wellington@autismnz.org.nz</a>
<b>CCS Disability Action National Library Service</b>			
Level 3, Orbit Systems House 94 Dixon Street Wellington	<a href="http://www.ccsdisabilityaction.org.nz/library-and-information/library-services">www.ccsdisabilityaction.org.nz/library-and-information/library-services</a>	0800 227 200	<a href="mailto:info@ccsdisabilityaction.org.nz">info@ccsdisabilityaction.org.nz</a>
<b>IHC National Library Service</b>			
Level 14, 57 Willis Street Wellington	<a href="http://www.ihc.org.nz/resources/our-library/">www.ihc.org.nz/resources/our-library/</a>	0800 442 442	<a href="mailto:librarian@ihc.org.nz">librarian@ihc.org.nz</a>

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