**Opening and closing blessings**

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| --- | --- | --- |
|  | Use mātou  | If speaking to a group |
|  | Use maua | If there are only two of you |
|  | **To Open a meeting** |
|  | E te Kaihanga Manaakitia tēnei hui Arahina mātou (maua) i roto i o mātou (maua) mahi Tihei Mauri Ora | Creator Support us at this meeting Guide us in the work we are doing Let there be life |
|  | **Karakia Timatanga** Uuu…..Uuu…..! Whakataka te hau ki te uruWhakataka te hau ki te tongaKia makinakina ki utaKia mataratara ki taiE hi ake ana te atakuraHe tio, he huka, he hau huTihei mauri ora! Uuu…..Uuu…..!  | Cease the winds from the westCease the winds from the southLet the breeze blow over the landLet the breeze blow over the seaLet the red-tipped dawn come with a sharpened air.A touch of frost, and a promise of a glorious day.Amen! |
|  | **To Close a meeting** |
|  | E te Kaihanga E whakawhetai ana mātou (maua) mo āu manaakitanga i tēnei hui Awhinatia mātou (maua) i tēnei rā Tihei Mauri Ora | Creator Thank you for your support and guidance during this meeting. Care for us this day. Let there be life |