# **Enabling Good Lives – some reflective questions to facilitate learning**

The following questions are designed to encourage a variety of viewing audiences to reflect on what they have seen and heard in each of the video resources and to consider how this might alter or enhance their thinking and actions in the future.

Each video does not show each Enabling Good Lives Principle in turn, but rather a snippet of the life of a number of disabled people, their families/whanau and their support workers. In each video, part of the learning challenge for viewers is to identify the Enabling Good Lives principles in action.

**For direct care and support workers (paid and unpaid):**

* What ideas and approaches have you observed that could inform changes to the way you go about your work with the people and whanau you support?
* What do you think is central to the relationships you have with the people you support?
* What have you noticed about the role of ‘natural networks’ in the video?

**For those in leadership roles in service organisations:**

* What changes in your organisation would you now consider to better support the aspirations of disabled people and families/whanau?
* Are there changes you would make to how relationships are framed between those providing services and those accessing/using services?
* What approaches and options would you consider to better support the choices that people and families are looking for?
* How could we be more intentional in assisting people to build and sustain freely given relationships?
* What would need to change to integrate new approaches into your organisational structure?

**For disabled people, families, carers, whanau and aiga:**

* What ideas and approaches have you observed that you might consider for your own situation or want to explore further?
* What new opportunities could this open up and what could be some of the challenges?
* In what ways would making changes increase your choice and control over your supports?

**For policy makers:**

* What changes do you think need to be made to policy, funding and contracting frameworks to better support aspirations such as those expressed by the people featured in the video clips?
* What are the most urgent changes that need to be made and how will you engage with people and providers to develop, plan and implement these changes?

**For all audiences (as small group discussion exercises):**

Have a read of the Enabling Good Lives principles. For each of the videos:

* Which ideas, approaches and sentiments are expressed by the participants that illustrate particular Enabling Good Lives principles?
* What appear to be some of the barriers that are still getting in the way or are restricting the choices that people are making in pursuit of a good life? Which Enabling Good Lives principles do these choices and barriers relate to? How could they be overcome?
* Access to personal budgets is often described as one critical factor in disabled people and families having more choice and control over their lives. Some of the video clips refer to “Individualised funding” or “IF” which is an early example of an approach to personal budgets. What are some of the more contemporary examples of access to personal budgets that are now available or being planned for?
* Utilising personal budgets can afford people greater control and choice but may still not match some people’s aspirations. How do you approach these limitations, develop priorities and otherwise meet “unfunded” need?

**The Enabling Good Lives Principles are:**

**Self-determination**

Disabled people are in control of their lives.

**Beginning early**

Invest early in families and whānau to support them; to be aspirational for their disabled child; to build community and natural supports; and to support disabled children to become independent, rather than waiting for a crisis before support is available.

**Person-centred**

Disabled people have supports that are tailored to their individual needs and goals, and that take a whole life approach rather than being split across programmes.

**Ordinary life outcomes**

Disabled people are supported to live an everyday life in everyday places; and are regarded as citizens with opportunities for learning, employment, having a home and family, and social participation – like others at similar stages of life.

**Mainstream first**

Disabled people are supported to access mainstream services before specialist disability services.

**Mana enhancing**

The abilities and contributions of disabled people and their families are recognised and respected.

**Easy to use**

Disabled people have supports that are simple to use and flexible.

**Relationship building**

Supports build and strengthen relationships between disabled people, their whānau and community.